

## **ROLESVILLE HIGH SCHOOL**

### **SPORTS MEDICINE II, III, & IV APPLICATION**

**Required prerequisite(s):** *Sports Medicine I (B or higher), Biology, and Teacher Recommendation*

**Course Description:** **\*\*Serious Inquiries Only\*\***

This course is designed for students who are seeking to expand on the knowledge they gained in Sports Medicine I. This advanced level course is designed for individuals who aspire to be involved in a medical profession including but not limited to: physician, athletic trainer, physical therapist, strength and conditioning specialist, physical therapy assistant, nurse, EMT, and Paramedic. This course will include such topics as Injury Prevention, Performance Enhancement (training and conditioning, nutrition), Care and Rehabilitation of Athletic Injuries, General Medical Conditions, Psychosocial Considerations for Sport, et al. Coursework will include the advanced principles of the aforementioned topics. This course is not recommended for individuals who do not aspire to work in one of the Sports Medicine fields mentioned before. Also in this course, there will be a requirement for out of class hours. This means that students will attend games and assist the head or assistant athletic trainer with all of the duties their job entails. This physical work in this course is demanding, but will optimize and develop interpersonal and time management skills as well as gaining “hands on knowledge”.

### **Grading**

A midterm will be administered at the end of the first and 3<sup>rd</sup> quarter that is worth 10%. A comprehensive final will be given at the end of the semester, weighing 10% of the semester grade. Parents and students are encouraged to check their grades on PowerSchool. Grades will be updated weekly. Interims will be given mid quarter.

- Major Assignments (Tests, Projects, Presentations) – 30%
- Minor Assignments (classwork, homework, Worksheets etc.) – 20%
- Clinical Hours – 30%
- Mid-Term and Final – 10% each

### **Letter Grade**

**A = 90-100 B = 80-89 C = 70-79 D = 60-69 F = 59 AND BELOW**

#### *Disclaimer*

**\*\* Sports Medicine II is a privilege. Students MUST maintain a good academic standing in all other classes to be considered. Submitting of this application DOES NOT mean you are automatically enrolled in this class, as each application will be considered on an individual basis. \***

## APPLICATION for Sports Medicine II, III, IV

- Student Name: \_\_\_\_\_ Grade Level: \_\_\_\_\_
- Extra-curricular Activities/ Sports Teams:
- Please list below the course you would like to be dropped from to add Sports Medicine II.
- Course Name \_\_\_\_\_

What do you consider some of your strengths to be?

- 1.
- 2.
- 3.

What are some of your weaknesses?

- 1.
- 2.
- 3.

What is the overall goal you want to achieve by taking this course? What do you want to get out of this course?

**\*\*Turn this form in to Student Services by March 29, 2019. \*\***